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Oslo

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Oslo

With its 1,000-year-old history, Oslo is the oldest of the Nordic capitals. The city, surrounded by islands and forested hills, lies at the head of a beautiful fjord.

A warm welcome to Oslo, Norway's capital

From the Viking age to the present day, people have looked on Oslo as a safe haven for trade, industry and cultural enrichment. Today Oslo has a population of just over 570,000 inhabitants and is the nation's financial, political and cultural center. From the port you can see the City Hall and the Nobel Peace Center facing the Oslo fjord and, in the distant hills surrounding Oslo, the famous Holmenkollen ski jump. A 10-minute ferry ride will take you to the peninsula of Bygdøy, where some of the city's most famous tourist attractions are located – the Norwegian Museum of Cultural History, the Viking Ship Museum, the Kon-Tiki Museum, the Fram Museum and the Norwegian Maritime Museum. Other attractions not to be missed while in Oslo are the Vigeland sculpture park with more than 200 sculptures by Gustav Vigeland (probably the most visited tourist attraction in Norway), the National Gallery, the Munch Museum and the National Museum of Contemporary Art. The National Museum of Architecture opened March



Aker Brygge and the Oslo City Hall by the harbor.

2008 in a refurbished building located near the cruise harbour by Akershus fortress.

Modern Architecture & Design

Oslo's waterfront is undergoing the most significant changes seen in the city for decades. The entire dockside area is being developed and made accessible to the city's inhabitants and visitors. The development includes new housing, commercial areas, museums, recreational parks and cultural buildings. The centre-piece - a spectacular Opera House - was opened in April 2008.

City Life & Outdoor Events

With its varied natural and cultural landscape, interesting buildings and great parks, Oslo is a fantastic city for sightseeing tours. The capital is

set in a beautiful location, surrounded by the fjord and the forest, and a number of sightseeing operators offer trips by boat, bus or on foot. Experience the Oslo fjord, the forest and the Holmenkollen ski jump, and downtown Oslo and Frogner with its charming streets and buildings, interesting museums in Bygdøy and Tøyen, the bustle of Grünerløkka and the sculptures in the Vigeland Park. Oslo is culture, Oslo is Edvard Munch, Oslo is Henrik Ibsen and the Vikings. But Oslo is also sailing, swimming and fishing in the Oslo fjord, and you can also explore the forests of Oslo all year round on foot or by bicycle.

Great Shopping & Fine Food

Oslo – a shopper's paradise. In Oslo you'll find everything! Clothes and designer goods have become increasingly a trademark for Oslo. There is a great selection of interesting shops. Many young designers are based in Oslo, and their work is gaining a lot of attention both in Norway and internationally. In addition to designer



Bicycling is popular in Oslo.



The Viking Ship Museum.



Jogging in the Vigeland Sculpture Park.



The new Opera House in Oslo rivals its famed counterpart in Sydney.



Norwegian shrimps – a delicacy.

shops, there is a wide variety of department stores, small boutiques, shopping areas with individual shops, charming antique shops, flea markets, exclusive international brands and local handicrafts. Norway is known for its traditional specialties based on local ingredients such as fish and seafood, particularly salmon, cod, herring and shrimp. Mutton, moose and reindeer prepared in various ways also make for an out-of-the-ordinary dining experience. The culinary traditions are strong and Norwegian chefs have a good international reputation, having won a number of awards. Many of these chefs work in some of Oslo's excellent restaurants, six of which have received much sought after Michelin star ratings.

Ancient & Modern

The cruise vessels dock at a great location, right below the Akershus Fortress in downtown Oslo. This medieval castle and royal residence, dating back to 1229, is a highly recommended start to a tour of Oslo. Downtown Oslo is very compact and easy to get around in, and the large number of parks gives it a very green feeling. A walk along the quay takes you to Aker Brygge with its wide selection of shops and restaurants, which is always full of life, especially in the summer. Don't miss the Nobel Peace Center nearby.



Norwegian Museum of Cultural History.

Oslo Top 10 – don't miss

- Vigeland Sculpture Park
- The Opera House
- The Viking Ship Museum
- Holmenkollen Ski Jump
- The FRAM Museum
- Akershus Fortress
- The Kon-Tiki Museum
- The Norwegian Museum of Cultural History
- The Nobel Peace Center
- Hadeland Glassworks nearby.



Useful links

Cruise information: www.oslocruisenetwork.no

Port information: www.ohv.oslo.no

Tourist information: www.visitoslo.com

Public information

Tourist information: On pier

Taxi: Taxis and limousines available

Shopping: On pier and downtown 200 m from pier

Local currency: Norwegian krone

Tax free refund: On pier

Downtown: Walking distance 200 m

Airport: Oslo Airport Gardermoen approximately 50 km north of city center (19 min by Airport Express train)

Port information

Port: Oslo Port

Address: P.O. Box 230 Sentrum, N-0103 Oslo

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VTS - channel: Ch 80

ISPS 24 h contact: +47 2349 2650

Maximum ship dimensions: No limits

Pilot: Ch 13

Waste handling: Yes

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